



Individual Healthcare Plan

2025/2026

Individual Healthcare Plan

Individual healthcare plans are designed to keep children with medical conditions safe, well and involved at school. An individual healthcare plan is a document that sets out the child's medical needs and how they should be handled.

Child's personal details

Name

Date of Birth

Environment

Name of the condition

Description of the condition and the symptoms

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Contact details for both parents and other family members or emergency contacts:

Mother (name and phone number)

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Father (name and phone number)

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Emergency contact 1 (name and phone number)

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Emergency contact 2 (name and phone number)

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Information about the child's daily care requirements

Medication

Dosage

Storage requirements

Side effects

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Dietary requirements

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Special facilities needed in school, and social and environmental needs (such as extra time between lessons)

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What sort of support the child needs with the daily care?

What constitutes a medical emergency relating to the child's condition, and what action they should take if it occurs

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Date of preparation of the plan

Date when it should be reviewed

Name of the parent and signature

Date

Stamp of the physician and signature

Date